



CLINICS

REGISTRATION FOR CLINICS IS FREE BUT REQUIRED:

REGISTER

<https://www.simplyregister.net/register/?e=129015>

WEDNESDAY, JUNE 3

- 5:00 - 6:00 PM (virtual): Financial Resources to Attend College-SSI and Vocational Rehab Facts vs Myths -with Debbie McFadden
- 7:00 - 8:00 PM (virtual): Navigating NCAA Pathways: How Para Track & Field Athletes Compete Within and Beyond Collegiate Structures presented by San Diego State University, AJ Munoz-Bond, Director, Adapted Athletics and Sprints Coach, Rolland Slade

THURSDAY, JUNE 4

- 7:00 - 8:00 PM (virtual) Elite mental preparation - ready for whatever with Lacey Henderson. Join Lacey Henderson, CMPC, PLY the head of mental performance for the Portland Timbers and retired Paralympian for a 1 hour workshop on mental skills specific to the adaptive athlete to assist in mental preparation for performance. You will leave the workshop with tangible tools to try and apply to your regular sport routine so you can stay ready! Please come with questions, and submit any you may have ahead of time so they can be addressed.

FRIDAY, JUNE 5

- 1:00 - 2:00 PM WHEELCHAIR TRACK CLINIC with Paralympian, Daniel Romanchuk - Loyola Academy
- 4:00 - 5:00 PM LONG JUMP CLINIC - All Levels Welcome presented by Calvin Sullins, University of Michigan Adaptive Sports and Fitness, Head Coach Track and Field - Evanston High School
- 5:00 - 6:00 PM PICKLEBALL CLINIC - Learn more about the growing sport of para pickleball - Ace Pickleball Des Plaines
- 5:15 - 6:15 PM HIGH JUMP CLINIC-All Levels Welcome presented by Calvin Sullins, University of Michigan Adaptive Sports and Fitness, Head Coach Track and Field - Evanston High School
- 5:00 PM - 6:00 PM POWERLIFTING CLINIC - Adam Sivia, a globally-ranked para powerlifter competing at the elite level in the men's 88kg class, will be hosting a clinic covering the foundational rules of World Para Powerlifting and offering hands-on technique coaching for lifters looking to develop their bench press. - Loyola Academy



CLINICS

FRIDAY, JUNE 5

JUNE 5 8:00 AM **ADAPTIVE YOGA & BREAKFAST** **LOYOLA ACADEMY**

FREE ALL ABILITIES YOGA CLASS ON THE LOYOLA ACADEMY TRACK OUTSIDE, WELCOMING ALL AGES AND SKILL LEVELS FOR THIS ADAPTIVE CLASS LED BY ARETA VERSCHOOR, E-RYT 500

WELCOME SOCIAL & TRY-IT CLINIC

JUNE 5 6:00 PM
LOYOLA ACADEMY
JOIN US FOR A SOCIAL AND TRY-IT CLINIC FEATURING WHEELCHAIR FOOTBALL WITH THE CHICAGO BEARS AND WHEELCHAIR BASKETBALL WITH MATT SCOTT.



YOGA & SOCIAL: SCAN TO RSVP



SATURDAY, JUNE 6

- 1:00 - 2:00 PM TENNIS CLINIC - Open to both Adaptive and wheelchair athletes, led by Paralympian, Paul Moran. AC Nielsen
- 3:00 - 4:00 PM SWIM CLINIC - Learn about the Path to Becoming a Paralympic Swimmer with Kari Treat, GLASA Head Swim Coach USA Swimming Disability Sub Committee Member, Level 1 Para Swimming Coach and IL Swim 2025 Athlete with Disability Coach of the Year and Alyssa Gialamas, former GLASA athlete and 2012 and 2016 Paralympic Swimmer - Loyola Academy

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