

# SCHEDULE OF EVENTS

## WEDNESDAY JUNE 12, 2024

6:00 PM - 8:00 PM	VIRTUAL COLLEGE FAIR	ZOOM
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## THURSDAY JUNE 13, 2024

8:00 AM - 8:00 PM	SWIM CLASSIFICATION	LFHS - TRAINING ROOM/POOL
10:00 AM - 11:00 AM	SHOOTING ATHLETE/COACH PACKET PICK-UP	NORTH SHORE SPORTS CLUB
11:00 AM - 6:00 PM	SHOOTING COMPETITION - LUNCH INCLUDED	NORTH SHORE SPORTS CLUB
5:30 PM - 8:00 PM	ATHLETE/COACH PACKET PICK-UP	LFHS - FIELDHOUSE LOBBY
5:30 PM - 6:30 PM	STRENGTH/FLEXIBILITY WORKOUT AND PARALYMPIC TRIVIA	LFHS - FIELDHOUSE AND VIRTUAL
6:30 PM - 7:30 PM	FINANCIAL RESOURCES TO ATTEND COLLEGE - SSI AND VOC REHAB FACTS VS MYTHS	ZOOM
6:30 PM - 7:30 PM	INCLUSION IN HIGH SCHOOL (TENNIS, SWIM, TRACK AND FIELD)	LFHS - CLASSROOM 78 & ZOOM
6:30 PM - 8:00 PM	PARA PICKLEBALL CLINIC AND SCRIMMAGE	LFHS - FIELDHOUSE

## FRIDAY JUNE 14, 2024

8:00 AM - 8:00 PM	ATHLETE/COACH PACKET PICK-UP	LFHS - FIELDHOUSE LOBBY
8:00 AM - 8:00 PM	TRACK AND FIELD CLASSIFICATION	LFHS - TRAINING ROOM
8:00 AM - 8:00 PM	WHEELCHAIR FOOTBALL OFFICIALS TRAINING	LFHS - CLASSROOM 79
9:00 AM - 1:00 PM	ARCHERY COMPETITION	LFHS - WEST FIELD
10:00 AM - 8:00 PM	CONCESSIONS OPEN	LFHS - FIELDHOUSE LOBBY
12:00 PM - 1:00 PM	THE HARTFORD GIFTING MOMENT	LFHS - CIRCLE DRIVE
1:00 PM - 4:00 PM	FIELD IMPLEMENT WEIGH-IN AND CHAIR CHECK	LFHS - SHED
1:30 PM - 2:00 PM	UNDERSTANDING SPRINTS - PRESENTED BY CATHY SELLERS	LFHS - CLASSROOM 78 & ZOOM
2:15 PM - 3:00 PM	PATHWAY TO THE TOP IN PARALYMPIC TRACK & FIELD - PRESENTED BY CATHY SELLERS	LFHS - CLASSROOM 78 & ZOOM
3:00 PM - 6:00 PM	FIELD OPEN PRACTICE	LFHS - TRACK/FIELD
2:00 PM - 3:30 PM	POWERLIFTING WEIGH-IN	LFHS - ROOM 82C
3:30 PM - 3:50 PM	NEW POWERLIFTER ORIENTATION	LFHS - FIELDHOUSE
3:30 PM - 4:30 PM	SWIM CLINIC FOR BEGINNERS PRESENTED BY GLEN O'SULLIVAN	LFHS - POOL
3:30 PM - 4:30 PM	SWIM CLINIC - COLLEGIATE OPPORTUNITIES PRESENTED BY KARI TREAT	LFHS - POOL
4:00 PM - 6:00 PM	POWERLIFTING COMPETITION	LFHS - FIELDHOUSE
5:00 PM - 5:30 PM	SWIM WARM-UPS	LFHS - POOL
5:00 PM - 5:30 PM	SWIM OFFICIALS MEETING	LFHS - POOL DECK
5:30 PM - 5:45 PM	SWIM COACHES MEETING	LFHS - POOL DECK
5:45 PM - 7:45 PM	SWIM MEET	LFHS - POOL
6:00 PM - 8:00 PM	WHEELCHAIR FOOTBALL CLINIC, SCRIMMAGE & SKILLS CONTEST	LFHS - PARKING LOT
7:30 PM - 8:30 PM	TRACK AND FIELD OFFICIALS MEETING	FORESTER HOTEL
8:30 PM - 9:15 PM	TRACK AND FIELD COACHES TECHNICAL MEETING	FORESTER HOTEL

## SATURDAY JUNE 15, 2024

7:15 AM - 8:15 AM	FIELD IMPLEMENT WEIGH-IN AND CHAIR CHECK	LFHS - SHED
7:30 AM - 4:00 PM	ATHLETE/COACH PACKET PICK-UP	LFHS - FIELDHOUSE LOBBY
8:00 AM - 9:00 AM	BOCCIA VOLUNTEER/REFEREE ORIENTATION	LFHS - FIELDHOUSE LOBBY
9:00 AM - 4:00 PM	CONCESSIONS OPEN	LFHS - FIELDHOUSE LOBBY
9:00 PM - 12:30 PM	FIELD EVENTS - MORNING SESSION	LFHS - FIELD
9:00 PM - 9:45 AM	BOCCIA - WARM-UPS	LFHS - FIELDHOUSE
10:00 PM - 12:00 PM	BOCCIA - MORNING SESSION	LFHS - FIELDHOUSE
1:30 PM - 5:00 PM	FIELD EVENTS - AFTERNOON SESSION	LFHS - FIELD
1:00 PM - 5:00 PM	BOCCIA - AFTERNOON SESSION	LFHS - FIELDHOUSE
2:00 PM - 3:00 PM	TENNIS CLINIC (AMBULATORY AND WHEELCHAIR)	A.C. NIELSEN
3:30 PM - 4:30 PM	SPORTS PSYCHOLOGY CLINIC	LFHS - CLASSROOM 78 & ZOOM
5:00 PM - 6:30 PM	WHEELCHAIR TRACK CLINIC WITH UNIVERSITY OF ILLINOIS TEAM	LFHS - TRACK
7:00 PM - 8:00 PM	TRACK OPEN PRACTICE	LFHS - TRACK
7:00 PM - 9:00 PM	3V3 WHEELCHAIR BASKETBALL TOURNAMENT	LFHS - FIELDHOUSE

## SUNDAY JUNE 16, 2024

7:00 AM - 12:00 PM	ATHLETE/COACH PACKET PICK-UP	
7:15 AM - 7:45 AM	CHAIR CHECK	LOYOLA ACADEMY
7:15 AM - 7:50 AM	TRACK WARM-UPS	LOYOLA ACADEMY
8:00 AM - 2:00 PM	CONCESSIONS OPEN	LOYOLA ACADEMY
8:00 AM - 8:50 AM	5000m, 3000m	LOYOLA ACADEMY
8:55 AM - 9:30 AM	TRACK WARM-UPS	LOYOLA ACADEMY
9:40 AM - 3:00 PM	60m, 800m, 200m, 1500m, 100m, 400m	LOYOLA ACADEMY

**\*\*SCHEDULE SUBJECT TO CHANGE. ALL TIMES IN CST.\*\***

### LOCATIONS:

- LFHS: LAKE FOREST HIGH SCHOOL: 1285 MCKINLEY RD., LAKE FOREST, IL 60045
- NORTH SHORE SPORTS CLUB: 28392 N. BALLARD DR, LAKE FOREST, IL 60045
- HOST HOTEL: THE FORESTER: 200 N. FIELD DRIVE, LAKE FOREST, IL 60045
- A.C. NIELSEN TENNIS CENTER: 530 HIBBARD ROAD, WINNETKA, IL 60093
- LOYOLA ACADEMY: 1100 LARAMIE AVE. WILMETTE, IL 60091