

# **CLINICS**

### REGISTRATION FOR CLINICS IS FREE BUT REQUIRED. PLEASE USE THE LINKS NEXT TO EACH CLINIC TO GET REGISTER.

### WEDNESDAY, JUNE 12

### 6:00-8:00PM VIRTUAL COLLEGE FAIR

Join for a College Fair featuring a variety of colleges and universities with adaptive sports programs, inclusive programs and services for students who have a physical or visual disability.

### **THURSDAY, JUNE 13**

### 5:30-6:30PM STRENGTH/FLEXIBILITY WORKOUT AND TRIVIA

Join GLASA Trainer, Dave Michael, for a strength and flexibility workout and Paralympic Trivia.

### 6:30-7:30PM FINANCIAL RESOURCES TO ATTEND COLLEGE

Presented by Debbie McFadden, President, Competitive Edge Management, Inc. and mother of Tatyana McFadden, 17-time Paralympic medalist. Learn more about the process for students with disabilities to attend college working with SI and Vocational Rehabilitation.

### 6:30-7:30PM INCLUSION IN HIGH SCHOOL (TENNIS, SWIM, TRACK & FIELD)

Learn more about creating inclusive High School Sport Teams with a round table with Coaches from Tennis. Swim and Track and Field.

### 6:30-8:00PM PARA PICKLEBALL CLINIC AND SCRIMMAGE

Learn more about the growing sport of para pickleball from Pickleball Pete and scrimmage against other attendees.

## LFHS - CLASSROOM 78 - ZOOM



### LFHS - FIELDHOUSE



## LFHS & ZOOM









### **FRIDAY, JUNE 14**

### 1:30-2:00PM UNDERSTANDING SPRINTS LFHS - CLASSROOM 78 - ZOOM Presented by Cathy Sellers, former (retired) High Performance Director for USA Paralympic Track and Field. 2:15-3:00PM PATHWAY TO THE TOP IN PARALYMPIC TRACK AND FIELD Presented by Cathy Sellers, former (retired) High Performance Director for USA Paralympic Track and Field. 3:30-4:30PM SWIM CLINIC FOR BEGINNERS LFHS - POOL Presented by Glen O'Sullivan, US Paralympic National Technical REGISTER Swim Classifier and former US Paralympic National Team Coach for swimming at the 2016 Rio Paralympic Games. 3:30-4:30PM SWIM CLINIC - COLLEGIATE OPPORTUNITIES LFHS - POOL Presented by Kari Treat, US Para Swimming Level 1 Coach and GLASA Swim Coach. 6:00-8:00PM WHEELCHAIR FOOTBALL CLINIC. SCRIMMAGE AND SKILLS CONTEST Join the Chicago Bears for a skills clinic followed by a scrimmage with players from the GLASA Chicago Bears Wheelchair Football Team. **SATURDAY, JUNE 15** 2:00-3:00PM TENNIS CLINIC (AMBULATORY AND WHEELCHAIR) A.C. NIELSEN Tennis Clinic for both ambulatory and wheelchair athletes. Youth and adults are welcome. 3:30-4:30PM SPORTS PSYCHOLOGY CLINIC LFHS - CLASSROOM 78 - ZOOM Join Sarah Greene-Falk, Licensed Counselor Specialized in Sports and Performance Psychology for a session focused on visualization and strategies for addressing stress. 5:00-6:30PM WHEELCHAIR TRACK CLINIC Join Paralympians, Brian Siemann and Daniel Romanchuk, along with Team members from the University of Illinois Wheelchair Track Team for a Wheelchair Track Clinic.

### LFHS - CLASSROOM 78- ZOOM



REGISTER

### LFHS - BACK PARKING LOT

REGISTER

REGISTER



LFHS - TRACK

REGISTER